

PHOENIX VALUES & EXPECTATIONS

1. *Intellectual Discipline*

Students expand their knowledge base, increase their stamina, and develop an understanding of their learning process.

Expand Knowledge Base & Increase Stamina: Attitudes

- “I can do this/I can learn this” attitude
- Willingness to work hard and overcome obstacles
- Willingness to see outside the box
- Willingness to open up to others

Expand Knowledge Base & Increase Stamina: Actions

- Position self in the place of most potential
- Complete best work, first time, on time
- Understand key concepts and vocabulary
- Apply content to other disciplines and life
- Explore content beyond class expectations
- Develop problem solving skills
- Actively engage in class activities on a regular basis
- Ask questions

Develop an Understanding of Learning Process: Attitudes

- Willingness to be honest with self
- Willingness to examine how you learn and what works best for you
- Willingness to examine what you do to sabotage your efforts

Develop an Understanding of Learning Process: Actions

- Honestly evaluate self and looking at strengths and areas of improvement
- Try a variety of learning strategies
- Set goals on how to improve
- Take time to assess what is working and what is not

2. *Creative Expression*

Students develop an awareness of how to find, nurture, or develop the artist within.

Attitudes

- Positive attitude; negativity stops creativity
- Willingness to look at situations from different perspectives
- Willingness to be honest with self and others
- Willingness to listen to constructive criticism
- Willingness to try something you don’t want to do

Actions

- Be observant and open to moments of inspiration
- Take time to generate ideas, plan, visualize what you want to do, and complete quality work
- Find your own unique/style method by experimenting with different styles, perspectives, etc.
- Keep practicing

- Keep with the project by overcoming obstacles and enduring hard times
- Seek out classes, activities, people, and other resources to nurture and develop creativity
- Keep a portfolio of creations
- Revisit portfolio to self-assess progress
- Journal about creative process

3. Wellness

Students develop healthy minds, bodies, social relationships, and spirits. Spirit refers to an enduring moral and ethical code.

Develop Healthy Minds: Attitudes

- Positive, optimistic outlook on life
- Willingness to work through and learn from mistakes
- Belief in power of self

Developing Healthy Minds: Actions

- Practice time management and organizational strategies to help alleviate stress
- Take time each day to “renew” self

Developing Healthy Bodies: Attitudes

- Positive self-image based on healthy behaviors

Developing Healthy Bodies: Actions

- Do something active at least 4 times a week for a minimum of 30 minutes
- Be aware of nutritional value of foods and drinks consumed each day
- Eat a balanced diet regularly

Developing Healthy Social Relationships: Attitudes

- Understanding of people’s differences
- Willingness to empathize with others
- Willingness to forgive others
- Willingness to reach out to others outside of “social group”

Developing Healthy Social Relationships: Actions

- Communicate effectively (body language, facial expressions, tone of voice, & word choice)
- Listen when others speak (eye contact & feedback)
- Interact positively with friends, acquaintances, and people you do not know personally

Developing Healthy Spirits (Enduring Moral & Ethical Code): Attitudes

- Willingness to be honest with self about actions and consequences
- Willingness to be open to other people’s perspectives

Developing Healthy Spirits (Enduring Moral & Ethical Code): Actions

- Learn from personal experiences and from other people’s experiences
- Stand up for beliefs
- Stand up for others who are marginalized by society
- Examine and re-evaluate code of ethics

4. Global Awareness

Students develop their awareness of world cultures, multiple perspectives, global citizenship, global issues, and world systems.

Attitudes

- Willingness to be open to people's values, beliefs, and opinions
- Willingness to be honest with self
- Confident attitude allowing one to address issues

Actions

- Increase knowledge of other cultures (travel, watch news & documentaries, read, attend ethnic festivals...)
- Learn about laws and customs of different countries and respect them
- Examine personal biases and stereotypes
- Develop and practice methods for eliminating personal biases and stereotypes
- Stand up to prejudice in all its forms (slurs, jokes, stereotypes, etc.)

5. Service Learning

Students develop understanding and connections needed to be successful, as they become agents of positive change in their local and global communities.

Attitudes:

- Selfless attitude
- Non-judgmental attitude
- Willingness to challenge stereotypes within self and within society
- Willingness to try new things out of one's comfort zone
- Non-apathetic view of world
- Optimistic view on change

Actions

- Become aware of local and global needs
- Do what is right even when unpleasant
- Perform tasks that may be unpleasant but ethically sound; what is right outweighs one's personal agenda